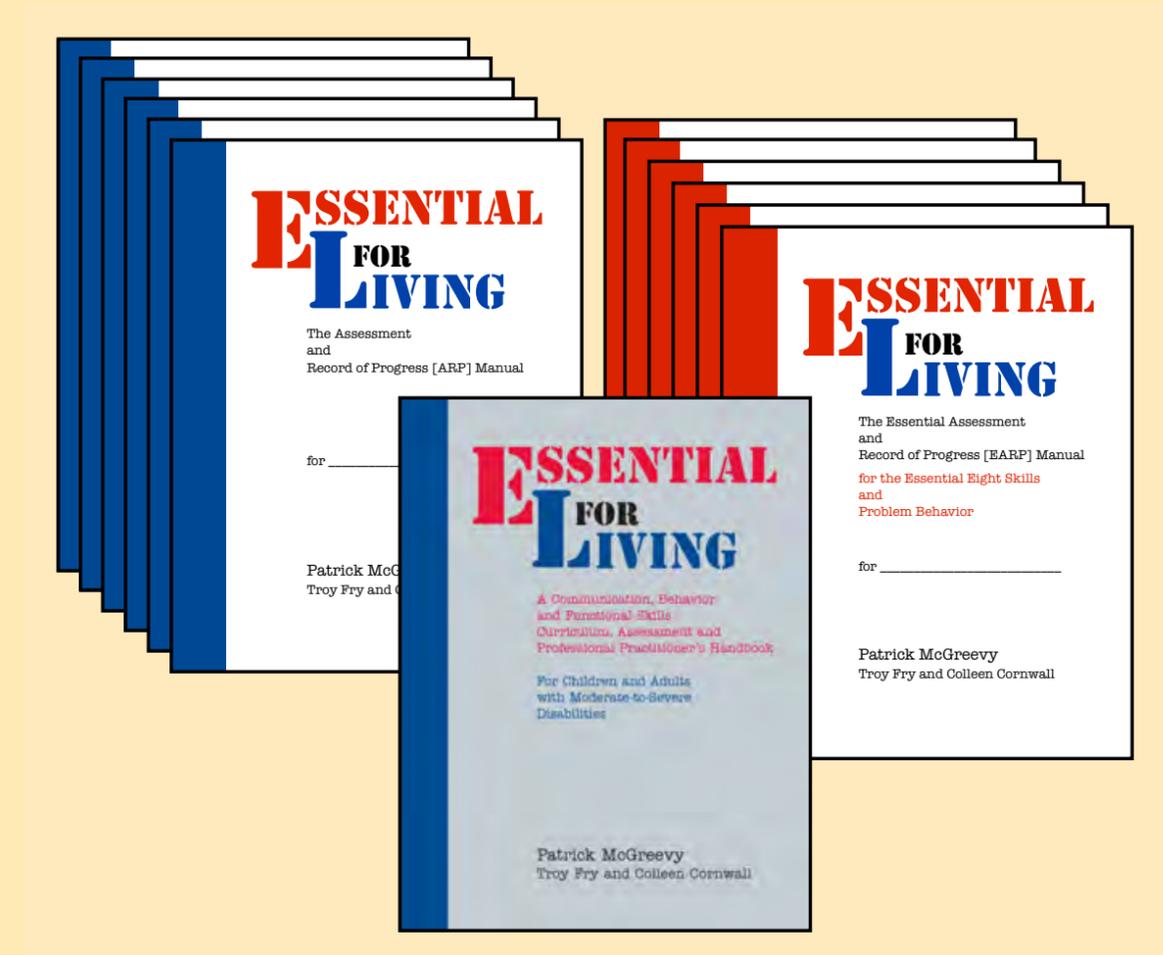




**Patrick McGreevy
Troy Fry
Colleen Cornwall**



The Essential Eight Skills and Method of Speaking

The Essential Eight Skills and Method of Speaking

**are the
Lynchpins of**



**ESSENTIAL
FOR
LIVING**

The Essential Eight Skills

ESSENTIAL
FOR
LIVING

Eight 'must-have' skills
Virtually all learners
must have these skills
to function effectively
as adults

These skills are described in:

Chapter 1

Domains 1, 2, 4, and 6

The Teaching Protocols

The Essential Eight Skills



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Skill One:

**Making
Requests**

The Essential Eight Skills

The logo consists of a large, stylized letter 'E' on the left. The top portion of the 'E' is red and contains the word 'ESSENTIAL' in red, uppercase, sans-serif font. The bottom portion of the 'E' is blue and contains the word 'LIVING' in blue, uppercase, sans-serif font. To the right of the 'E', the word 'FOR' is written in a smaller, black, uppercase, sans-serif font.

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Skill Two:
Waiting

The Essential Eight Skills

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Skill Three:

**Accepting Removals,
Making Transitions,
Sharing, and
Taking Turns**

The Essential Eight Skills



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Skill Four:

**Completing
10 Consecutive,
Brief, Previously
Acquired Tasks**

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Skill Five:

Accepting “No”

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Skill Six:

**Following Directions
Related to Health
and Safety**

The Essential Eight Skills



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Skill Seven:
Completing Daily
Living Skills
Related to Health
and Safety

The Essential Eight Skills



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Skill Eight:
Tolerating Situations
Related to Health
and Safety

Method of Speaking



**A Systematic
Set of Procedures
for...**

**These
procedures
are described
in Chapter 6**

**Selecting and Confirming
an Alternative Method of Speaking
for Non-verbal Children and Adults**

Method of Speaking

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1. Determine a learner's sensory, skill, and behavioral repertoire

Method of Speaking

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2. Match this repertoire with the repertoires that tend to occur when 4-5 alternative methods of speaking are effective

Method of Speaking

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3. Determine which of these methods permits the learner to function as much like a learner with 'spoken words' as possible

Method of Speaking

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4. Provided that members of the learner's support system agree, select that method

Method of Speaking

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5. Test this method by teaching the learner to make requests for highly preferred items and activities

Method of Speaking

ESSENTIAL
FOR
LIVING

6. If the learner begins to make requests without prompts and without hesitation, confirm this method; if not, select another method