

A Sample of the 3,000 Skills that are...



The First Three Skill Domains include 1,900 Communication and Language Skills

Domain 1 (R): Requests and Related Listener Responses

Must-have Skills

- R6. Exhibits a reliable motor movement that permits a learner to use an alternative method of speaking which includes selecting photographs, pic-symbols, printed words, or letters
- R7. Makes requests for highly preferred snack foods, drinks, non-food items, or activities that can be made frequently and immediately available
- R9. Waits after making requests...for gradually increasing periods of time
- R13. Makes transitions from preferred items and activities to required tasks
- R15. 'Accepts no' after making requests...
- R17. Makes very forceful and repeated requests for a stranger, an intruder, a person teasing, threatening, bullying, or instigating a fight, or a person making sexual advances to 'go away'
- R18. Makes a generalized request for help in a threatening or dangerous situation, by yelling "help", screaming, or otherwise making contact with an audience, calling '9-1-1', or activating a medical alert device
- R19. Makes a generalized request for an audience...

Should-have Skills

- R28. Says "thank you" when requests are honored
- R33. Makes a second and a third generalized request for an audience after the first or second request was ignored
- R37. Makes a generalized request for 'help'...in situations that are not dangerous
- R38. Makes a request to delay the onset of a required activity
- R44. Makes requests for...items or activities from...each of three peers
- R47. Makes a request for assistance during menstruation

Domain 1 (R): Requests and Related Listener Responses

Good-to-have Skills

- R51. Makes a generalized request for feedback, approval, or confirmation
- R71. Makes requests that require 2 words...2 signs or...2 pictures...
- R77. Makes requests that require 3 words.. 3 signs or... 3 pictures

Nice-to-have Skills

- R80. Makes requests that require 3 key words or signs, along with carrier phrases and connecting words...
- R83. Makes polite requests that...include 'excuse me' and 'please'...
- R84. Makes requests for information...regarding the location of items, people, or places, some with features ['where' questions]
- R89. Makes a request for an item or an activity that may provide relief or a distraction from...pain or discomfort

Domain 2 (LR, LRND): Listener Responses, Names, and Descriptions

Must-have Skills

- LR1. Holds and maintains contact with the hand of an instructor, care provider, or parent when directed to do so
- LR2. Moves toward and stands or sits next to an instructor, care provider, or parent when directed to do so
- LR9. Stops moving or engaging in a dangerous activity when directed to do so

Should-have Skills

- LR16. Performs five chores around the house, school, or work when directed to do so

Good-to-have Skills

- LRND1-13. Recognizes, retrieves, and relocates items that are part of 13 commonly-occurring events (e.g., snack, work break, getting ready for physical education class, going to the movies)

Nice-to-have Skills

- LRND14-15. Recognizes and names or describes physical sensations or emotions [important skills, but very difficult to teach]

Domain 3 (AQ, C): Answers to Questions and Conversation

Good-to-have Skills

- AQ1-13. Answers questions related to 13 commonly-occurring events (e.g., snack, work break, getting ready for physical education class, going to the movies)
- C1-13. Participates in conversations related to 13 commonly-occurring events (e.g., snack, work break, getting ready for physical education class, going to the movies)

Nice-to-have Skills

- AQ14-15. Answers questions related to physical sensations or emotions

The Remaining Four Skill Domains include 1,100 Daily Living, Leisure, Vocational, Functional Academic, Tolerating, and Component Skills

[Social Skills are embedded in Each of the Seven Skill Domains]

Domain 4 (DLS): Daily Living and Related Skills (includes Leisure and Vocational Skills)

Must-have Skills

Eating, Drinking, and Feeding

- DLS-EDF1. Consumes thick or thickened liquids orally
- DLS-EDF9. Drinks from a cup or glass

Mobility and Transportation

- DLS-MT2. Transports self from a bed or chair to the toilet with a return

Avoiding Harmful Items, Substances, and Situations

- DLS-AHS7. Does not turn on hot water before cold water
- DLS-AHS9. Does not touch matches or lighters
- DLS-AHS12. Does not put harmful, non-nutritive items in their mouth

Other Activities Related to Health and Safety

- DLS-HS2. Looks both ways, waits for traffic to clear, and crosses the street quickly

Should-have Skills

Eating, Drinking, and Feeding

- DLS-EDF20. Feeds self with a teaspoon or an adapted teaspoon
- DLS-EDF28. Eats meals that are nutritionally balanced [including vegetables]

Domain 4 (DLS): Daily Living and Related Skills (includes Leisure and Vocational Skills)

Should-have Skills

Medical Procedures and Medication Administration

- DLS-MM4. Administers own pills or vitamins using a weekly pill sorter
- DLS-MM5. Washes a cut or a scrape and applies antiseptic and a bandage

Toileting

- DLS-Toil6. Urinates and defecates in the toilet
- DLS-Toil9. Completes a series of toileting steps which includes initiating, urinating and defecating in the toilet, using toilet paper, and flushing the toilet

Bathing and Personal Hygiene

- DLS-BPH2. Washes face
- DLS-BPH19. Applies deodorant

Dressing

- DLS-D24. Puts on a shirt or blouse with buttons
- DLS-D25. Puts on socks, stockings, or leggings

Leisure Activities at Home

- DLS-LAH6. Colors, draws, or paints pictures
- DLS-LAH10. Takes care of a lawn or garden

School, Instruction, and Therapy

- DLS-SIT1. Attends a school or therapy program
- DLS-SIT4. Completes 2 consecutive, single-response tasks during 1:1 instruction and therapy
- DLS-SIT18. Completes two-response tasks during instruction with 2-4 peers

Day Activity Skills

- DLS-DAS4. Participates in three forms of arts and crafts with clean-up

Vocational Skills

- DLS-V2. Participates in a sheltered work program
- DLS-V3. Participates in supported employment
- DLS-V7. Completes 2 or more two-response assembly or packaging tasks
- DLS-V36. Works for 20 minutes with one or two pauses of less than one minute

Domain 4 (DLS): Daily Living and Related Skills (includes Leisure and Vocational Skills)

Good-to-have Skills

Other Routine, Daily Activities

- DLS-RDA2. Makes own bed
- DLS-RDA6. Retrieves dishes, glasses, cups, utensils, and napkins, and sets the table

Leisure Activities in the Community

- DLS-LAC4. Goes bowling
- DLS-LAC8. Eats a meal at a restaurant

Laundry

- DLS-L1. Sorts dirty laundry into dark and light colors
- DLS-L2. Indicates which clothes are clean and which are dirty

Cleaning

- DLS-C2. Washes and dries dishes
- DLS-C14. Cleans tub and shower

Using a Telephone

- DLS-TC1. Calls 911 and provides relevant information in simulated emergencies

Preparing Food

- DLS-PF7. Pours liquid from a pitcher to a cup or glass
- DLS-PF8. Fixes a bowl of cereal
- DLS-PF9. Makes a pot of coffee

Domain 5 (DLS): Functional Academic Skills (RTL, Rdg, STL, Mth, WT)

Good-to-have Skills

Responses to Text as a Listener and Reading Skills

- RTL2. Responds appropriately to public safety, street, and emergency signs that include text or Braille letters, such as, 'Walk' and 'Don't Walk', 'Fire Escape', 'Wet Floor', and others
- Rdg2. Reads public safety, street, and emergency signs that include text or Braille letters, such as, 'Walk' and 'Don't Walk', 'Fire Escape', 'Wet Floor', and others

Domain 5 (DLS): Functional Academic Skills (RTL, Rdg, STL, Mth, WT)

Good-to-have Skills

Responses to Text as a Listener and Reading Skills

- RTL11. Selects items from restaurant menus that include printed-words or Braille letters, such as, 'blueberry waffles', 'scrambled eggs and bacon with toast', 'cheeseburger and french fries', and others
- Rdg11. Reads text (printed words or Braille letters) that is included in restaurant menus, such as, 'blueberry waffles', 'scrambled eggs and bacon with toast', 'cheeseburger and french fries', and others

Schedules, Lists, and Time (SLT)

- SLT1. Participates in events and activities slated to occur later that same day using a personal, daily, picture or tactile schedule

Math Skills (Mth)

- Mth1. Counts a specified number of items from 1-10 using an inset counting jig
- Mth10. Makes purchases using a debit or credit card

Writing or Typing Skills (WT)

- WT2. Writes, types, or Braille writes their first and last name

Nice-to-have Skills

Schedules, Lists, and Time (SLT)

- SLT11. Names times on an analog or digital clock or watch to the nearest quarter hour

Writing or Typing Skills (WT)

- WT7. Writes, types, or Braille writes words that often appear on shopping lists

Domain 6 (T): Tolerating Skills

Must-have Skills

Basic Human Interaction

- T-BHI5. Touch, physical guidance, or physical prompts

Eating, Drinking, and Feeding

- T-EDF3. Thickened liquids

Domain 6 (T): Tolerating Skills

Must-have Skills

Daily Medical Procedures and Medication Administration

T-DM1. Medication hidden in food

T-DM9. Ventilation and suction

Sleeping

T-Slp3. Own bed (prior to falling asleep)

Toileting

T-Toil3. Toilet

T-Toil4. Catheter

Positioning and Range of Motion

T-PRM2. A side lyer

T-PRM6. Range of motion exercises

Prosthetic, Therapeutic, and Adapted Equipment

T-PTA1. Glasses or contact lenses

T-PTA9. AFOs

Protective Equipment and Mechanical Restraints

T-PEMR1. A helmet

T-PEMR7. A jumpsuit

Bathing and Personal Hygiene

T-BPH4. Someone shampooing your hair

Daily Dental Procedures

T-DD1. Someone brushing your teeth

Should-have Skills

Clothing and Accessories

T-C1. Someone putting on your clothes

T-C10. Socks

Transportation

T-Trp3. Seat Belt

T-Trp5. Bus with peers onboard

T-Trp7. Elevator

Domain 6 (T): Tolerating Skills

Should-have Skills

Sleeping

T-Slp7. Own bed (after awakening during the night)

Daily Dental Procedures

T-DD2. Someone flossing between your teeth

Bathing and Personal Hygiene

T-BPH12. Someone cleaning and clipping your nails

School, Instruction, and Therapy

T-SIT1. Physical therapy sessions

T-SIT7. Small group instruction

Eating, Drinking, and Feeding

T-EDF14. Vegetables

Basic Human Interaction

T-BHI7. The word “no” or other indications of disapproval or incorrect responding

T-BHI10. Someone crying, making loud noises, or exhibiting problem behavior

Basic Daily Activities

T-BDA2. A change in a schedule or sequence of events

T-BDA5. Not being first or first in line

Toileting

T-Toil9. Public restrooms

Occasional, Routine Medical Procedures

T-ORM3. Blood pressure measurement with a stethoscope and a cuff

T-ORM4. A mouth and throat examination with a tongue depressor

Occasional, Routine Dental Procedures

T-ORD1. An examination with an explorer and a mirror

Home and Community

T-HC1. Haircuts and hair clippers

T-HC4. Fire alarms

Domain 7 (MM, M, Im): Tool Skills and Component Skills

Should-have Skills

Basic Motor Movements

MM1-11. Reaches, Points, Touches, Grasps, Places, and Releases items, devices, or persons

Good-to-have Skills

Matching skills

M1. Matches identical items

M3. Matches items to corresponding containers or locations

M10. Matches items, activities, people, places, or locations to corresponding photographs

Imitation skills

Im2. Imitates motor movements with items

Nice-to-have Skills

Imitation skills

Im3. Copies words written, typed, or Braille-written by another person